



WELCOME

to



FAMILY PLACE

A Provincially Certified Family Resource Program; Early Years Family Support & Parenting Centre. Established 1979.



Family Drop In/Parenting Programs/Licensed Occasional Childcare/Information, Resources and Referrals/School Readiness/Family Literacy & Food Security

Eastside Family Place Society

Family Drop In

Monday, Wednesday, Friday.....9 am – 12 noon
Tuesday, Thursday..... 9 am – 12 noon
1 pm – 2:30 pm

Office Hours

Monday to Friday.....9 am – 4 pm
Closed 12 pm – 1 pm

Licensed Occasional Childcare

Monday to Friday.....9 am – 12 pm
Pick up 11:45 am

Drop In Admission Fees
\$3.00 per session per family

ESFP requires that all families and caregivers become members to access all its programs

Annual Membership \$20

Eastside Family Place is located just off Commercial Drive, next to Grandview Park
1655 William Street, Vancouver, BC V5L 2R3
P (604) 255-9841 F (604) 255-9802
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org

Eastside Family Place Society



Welcome to Eastside Family Place

Please feel free to approach our family friendly professional staff if you have any questions about the Drop-In or our many other programs. Eastside Family Place Society is a non-profit, charitable agency supported by grants, donations and fund-raising events. Please support EFSP in whatever way you can. You may be a member of Eastside Family Place to access all of the ESFP programs.

Funding is provided by:
The City of Vancouver
Ministry of Children & Family Development (MCFD)
BC Gaming Branch
Vancouver Coastal Health/SMART Fund
Charles Johnson Foundation, other Foundations
Canada Summer Jobs - HRDC
Donations/Fundraising/Fees



## Eastside Family Place Society

### Programs, Resources and Activities

**Family Drop In Program** At the heart of all family resource programs is the Parent/Child Drop In. This program is for parents and caregivers with children birth to early 6 years old. Families participate in children/ family activities, circle time, special events, fieldtrips, cultural/seasonal celebrations and ongoing food events.

**Licensed Occasional Childcare:** Provides respite care for parents with small children 18 months to early six years old with ECE trained staff. Fee on a sliding scale of \$5.00 to \$6.50 per hour. Spaces are limited and must be booked in advance by calling (604) 251-1018.

**Daily Snack Programs** Daily snacks are provided with the help of participants through donations. There are other Food Security Programs/Projects offered throughout the year as funding allows including a summer community garden project.

**C.O.P.E. "Collective of Parents Empowered"** is a unique ESFP parenting support program. It is an educational and experiential group that discusses topics relevant to parents. Participants can be involved in C.O.P.E. for up to 30 weeks (three 10 week sessions per year).

**Nobody's Perfect Parenting Program** is an educational program for parents to develop and strengthen their parenting skills (two 6 week sessions per year).

**Saturday Morning Literacy - Family Rhythm & Rhyme** is a program for babies, toddlers, preschoolers, moms, dads & grandparents who will have fun together singing songs, learning rhymes and enjoying stories. Nurtures early literacy and language for your young child (two 4 week sessions per year).

**Community Family Kitchens (Parents in the Kitchen & Kids in the Kitchen)** Cooking programs run periodically throughout the year as funding allows.

**Workshops** are offered twice a month, from September to June with a variety of topics of interest to parents.

**Direct Support and Referrals** One to one confidential support and referrals are available for parents/caregivers on a daily basis at ESFP.

**Special Events** such as annual field trips (fall & spring/summer), two summer potlucks, cultural and seasonal celebrations, and special fundraising events. See the ESFP monthly highlights calendar of events plus the quarterly newsletters, for dates and details.

**Clothing & Food Exchange** ESFP provides designated cupboards in the Drop In centre for the exchange of children's clothing and non-perishable food items.

**Community and Parenting Information** There are monthly info tables hosted by relevant community representatives. Bulletin boards and binders of resources are also available in the drop-in for all who visit ESFP.

**Birthday parties** ESFP offers an affordable enjoyable & convenient way to celebrate your child's birthday. Specialized in birthday parties for young children (age 1 to before grade 1).

**Volunteer Opportunities** ESFP offers a variety of volunteer opportunities. Please ask staff for more information.



### Eastside Family Place Value:

**"GIVE WHAT YOU CAN,  
TAKE WHAT YOU NEED"**

