

## Eastside Family Place Summer Time Fun Policies



### Basic Transmission Facts of COVID-19

COVID-19 is a respiratory infection that is spread by droplets. These are small particles that are dispersed one to two metres when people cough or sneeze.

Coronavirus is transmitted via liquid droplets when a person coughs or sneezes. The virus can enter via droplets through the eyes, nose or throat if you are in close contact. It can be spread by touch if a person has used their hands to cover their mouth or nose when they cough. Frequent hand washing and physical distancing are two of the ways to stop the virus from being transmitted.

(<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/how-it-spreads>)

### Eastside Family Place Basic Tenets

1. The safety of our children, families and staff are our highest priority.
2. ESFP has developed policies/protocols that are in line with both Provincial guidelines and in compliance with Vancouver Coastal Health.
3. In the interest of retaining the health and safety of all involved, children and adults are not permitted to participate in our summer fun program if they (or *any* members of their household) show signs or symptoms of COVID. ESFP's health guidelines are outlined below.

By registering and participating in our Summer Fun program, you are accepting ESFP's terms and conditions. A verbal confirmation of health will be required for participation in our outdoor program. Please note that management/staff may refuse service if there is any uncertainty of health status.

### Health Guidelines

According to the BC Centre for Disease Control, the symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. For the health and safety of all (families and staff), you should not participate if any member of your household is showing the following symptoms:

Fever	Stuffy or runny nose	Fatigue
Chills	Loss of sense of smell	Loss of Appetite
Cough	Headache	Sore throat and
Shortness of breath	Muscle aches	Painful swallowing

We also ask that you do not participate if you or any member of you household has travelled out of the country in the last 14 days, or if you have been directed by Public Health to self-isolate.

Eastside Family Place will be operating according to recommended Public Health Guidelines outlined at <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>. If you are uncertain of you status, please contact 811 or use the BC Centre for Disease Control's online assessment tool to help assess whether you should be tested or stay home. <https://bc.thrive.health/covid19/en>

If an individual has no symptoms, they do not require a test. A healthcare provide may also decide whether a person requires testing. If you or someone in your family has experienced symptoms, testing sites are available: <https://experience.arcgis.com/experience/3862560c5a41418e9d78f4f81688e9d0>

## Eastside Family Place ‘Summer Time Fun’ Procedures

### Registration:

- ESFP is managing a phased in approach to re-initiating our programming. As a result, our Summer Time Fun program will be held outdoors. To participate, your Eastside Family Place membership (\$20) should be up to date. If this poses any financial hardship, please let our staff know. Drop-in fees are not being charged, instead, we encourage you to consider making a donation in support of Eastside Family Place.
- For registration and an updated program calendar, check our Summer Time Fun webpage at <http://eastsidefamilyplace.org/programs/summertimefun/>
- We will accept bookings on a first come first serve basis, with registration opening Wednesday for the following programming week. For example, registration for the week of July 6-9 will open on Wednesday July 1. You can choose up to two sessions per week which will be confirmed on Friday. First session will be first come first serve, second session will be approved if space allows.
- Our face to face programming encompasses M-TH mornings plus T/Th afternoons.

We invite you to register based on ‘family sessions’ or ‘caregiver sessions’ as follows:

	<b>Monday</b> Meet at ESFP	<b>Tuesday</b> Garden Day	<b>Wednesday</b> Meet at ESFP	<b>Thursday</b> Garden Day
<b>Morning Session</b> 10 - 11:15 am	<b>Family Session</b>	<b>Family Session</b>	<b>Caregiver Session</b>	<b>Caregiver Session</b>
<b>Afternoon Session</b> 1:15 - 2:30 pm		<b>Caregiver Session</b>		<b>Family Session</b>

FAMILIES: Monday 10-11:15 am, Tuesday 10-11:15 am OR Thursday 1:15-2:30 pm

CAREGIVERS: Tuesday 1:15-2:30 pm, Wednesday 10-11:15 am OR Thursday 10-11:15 am

- In order to facilitate social distancing, depending on session day/time, participation will be limited to six families OR four caregiver groups.
- Rain days will go ahead *outside* unless otherwise posted (by 9:15 am for the morning session and 12:15 pm for the afternoon session) on our webpage. On those days, also check our website and Facebook page for Summer Fun activity ideas and possible live streaming.
- In the interest of retaining the health and safety of all involved, children and adults are not permitted to participate in our summer fun program if they (or *any* members of their household) show signs or symptoms of COVID-19. Please be prepared to confirm your health status at the session and note that management/staff may refuse service if there is uncertainty.
- By registering and participating in our Summer Fun program, you are accepting ESFP’s terms and conditions as outlined on page one of this document.
- If one our program staff members becomes ill or is unable to attend on that day, we may be forced to cancel your booking. In this event, we will do our best to provide advance notice.
- If you have to cancel, please let us know by emailing (summertimefun.esfp@gmail.com) or calling our office at 604-255-9841.

### Outdoor Environment Precautions:

- On Tuesdays and Thursdays (10 am and 1:15 pm) we will meet outside the gates of our community garden (<https://goo.gl/maps/XtxbdqjYheLJ8om66>) – next to the corner of Parker and McLean, and beside the high school sports oval.
- On Mondays and Wednesdays we will meet in front of the Eastside Family Place building and travel together to our site for that day. Please be ready to walk up to 10 minutes there and back. If staff do plan a session that is further than a 10-minute walk, we will confirm and post in advance. Staff will do a safety check of outside areas we will be using before families arrive.
- Please note that our building will not be open to families at this time.
- In accordance with social distancing guidelines, families (caregivers) should bring their own blanket, towel, yoga mat, etc. Families and children should remain 2 metres apart from each other and minimize physical contact whenever possible.
- Staff will use coloured rocks, hula hoops, and other visual determinants to help mark “personal bubbles” when engaging in extended activities.
- The program is intended to be outdoors, so please come prepared for the weather. In case of heavy rain or other weather that would significantly interfere with the program, adjustments will be made. In these cases, online platforms such as Facebook Live or Zoom may be used.
- Handwashing will be incorporated as part of our routine – consider bringing some liquid soap and a small face cloth or carrying some hand sanitizer.
- Families are also encouraged to bring their own water bottles, snacks and food from home. Shared food will not be a part of the program in order to minimize risk.

See you soon at ~

