



Eastside Family Place COVID Indoor Program Policy

Basic Transmission Facts of COVID-19

COVID-19 is a respiratory infection that is spread by droplets. These are small particles that are dispersed one to two metres when people cough or sneeze.

Coronavirus is transmitted via liquid droplets when a person coughs or sneezes. The virus can enter via droplets through the eyes, nose or throat if you are in close contact. It can be spread by touch if a person has used their hands to cover their mouth or nose when they cough. Frequent hand washing and physical distancing are two of the ways to stop the virus from being transmitted.

(<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/how-it-spreads>)

Eastside Family Place Basic Tenets

1. The safety of our children, families and staff are our highest priority.
2. ESFP has developed policies/protocols that are in compliance with Provincial Public Health Guidelines, WorkSafeBC and Vancouver Coastal Health Child Care Licensing Regulations.
3. In the interest of our community, children and adults who are sick are not permitted to use our facilities or enter our space. A health screen questionnaire must be filled out based on *all members of your household* regarding the symptoms and signs of COVID. By participating in our screening procedure during Baby Group you are accepting our terms and conditions of attendance. Please note that management/staff may refuse service if there is any uncertainty of health status at the time of the program.
4. All adults must wear a face mask while in the common areas of the centre.

Health Guidelines

According to the BC Centre for Disease Control, the symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. For the health and safety of all (families and staff), you should not visit ESFP if any member of your household is showing the following symptoms:

Fever
Chills
Cough
Shortness of breath

Stuffy or runny nose
Loss of sense of smell
Headache
Muscle aches

Fatigue
Loss of Appetite
Sore throat and
painful swallowing

Eastside Family Place will be operating according to recommended Provincial Public Health Guidelines outlined at <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>. If you are uncertain of your status, the BC Centre for Disease Control's online assessment tool can help you to determine whether you should be tested or stay home. <https://bc.thrive.health/covid19/en>

General Group Procedures

Registration:

- We are accepting up to 4 families per SESSION (2 staff and 8 parents with their children). Note that management/staff may refuse service if there is any uncertainty of health status at the time of the indoor program.

In-House Procedures:

- All adults are required to wear a mask while attending the indoor program.
- Hand washing will be initiated at the beginning of the indoor program and when visiting the washroom and diaper changing station. Hands should be washed before and after handling you mask.
- Toys and materials will be set aside after each infant's use for later sanitization.
- Visitors (excluding ESFP staff) will not be allowed in the building during indoor program hours.

Room Precautions:

- Health and safety guidelines are in place for all staff and cleaning personnel.
- An additional staff member will be on hand (in the back offices) in the event that extra assistance is required in the front room. Social distancing and hygiene practices will be followed in all instances.
- See following page for ESFP's Screening Questions.



EASTSIDE FAMILY PLACE SOCIETY

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Daily Screening Questions

1. Do you/your child have any of the following **new or worsening** symptoms or signs?

- | | | |
|---|------------------------------|-----------------------------|
| New or worsening cough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Shortness of breath | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Sore throat | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Runny nose, sneezing or nasal congestion | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hoarse voice | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Difficulty swallowing | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| New smell or taste disorder(s) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Nausea/vomiting, diarrhea, abdominal pain | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Unexplained fatigue/muscle aches | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Chills | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Headache | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Unexplained loss of appetite | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

2. Have you/your child travelled outside of Canada or had close contact with anyone that has travelled outside of Canada in the past 14 days?

- Yes No

3. Do you/your child have a fever? (A fever is a temperature of 37.8° C or greater.)

NOTE: For indoor programs, temperature will be taken at door prior to entry.

- Yes No

4. Have you/your child had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19? (If yes, isolate for 14 days.)

- Yes No

Date

Child Name

Staff Initials