

# Eastside Family Place COVID Policies

## Backyard Play Time



### Basic Transmission Facts of COVID-19

COVID-19 is a respiratory infection that is spread by droplets. These are small particles that are dispersed one to two metres when people cough or sneeze.

Coronavirus is transmitted via liquid droplets when a person coughs or sneezes. The virus can enter via droplets through the eyes, nose or throat if you are in close contact. It can be spread by touch if a person has used their hands to cover their mouth or nose when they cough. Frequent hand washing and physical distancing are two of the ways to stop the virus from being transmitted.

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/how-it-spreads>

### Eastside Family Place Basic Tenets

1. The safety of our children, families and staff are our highest priority.
2. ESFP has developed policies/protocols that are in compliance with Provincial Public Health Guidelines, WorkSafeBC and Vancouver Coastal Health Child Care Licensing Regulations.
3. In the interest of our community, children and adults who are sick are not permitted to use our facilities or enter our space. By participating, you are accepting our terms and conditions of attendance (see checklist page 3). Please note that management/staff may refuse service if there is any uncertainty of health status.
4. All adults must wear a face mask while in the common areas of the centre.

### Health Guidelines

According to the BC Centre for Disease Control, the symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. For the health and safety of all (families and staff), you should not visit ESFP if any member of your household is showing the following symptoms:

|                     |                        |                    |
|---------------------|------------------------|--------------------|
| Fever               | Stuffy or runny nose   | Fatigue            |
| Chills              | Loss of sense of smell | Loss of Appetite   |
| Cough               | Headache               | Sore throat and    |
| Shortness of breath | Muscle aches           | painful swallowing |

Eastside Family Place will be operating according to recommended Provincial Public Health Guidelines outlined at <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>. If you are uncertain of your status, the BC Centre for Disease Control's online assessment tool can help you to determine whether you should be tested or stay home. <https://bc.thrive.health/covid19/en>

## Registered Backyard Play Time Procedures

### Registration:

- Registered play time in our fenced in backyard is from 11 am to 12 pm. This program is rain or shine, so please come dressed for the weather.
- The registration link will be live (each Tuesday at 1 pm) on our website homepage <http://eastsidefamilyplace.org/>. Your spot for the following week will be confirmed via email, bookings will be on a first come first serve basis.
- Note that management/staff may refuse service if there is any uncertainty of health status on the day of the session.
- If any members of your household are showing symptoms of COVID, please review the Public Health Guidelines outlined at <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>.
- If you have to cancel, please let us know by emailing [info@eastsidefamilyplace.org](mailto:info@eastsidefamilyplace.org) or calling our office at 604-255-9841.

### Session Safety Protocol:

- Note that entry to our Backyard Play Time session will be through the outside gate that leads directly to our backyard play space. Parents are asked to park strollers at the front of our building before walking around to the backyard entrance. Locks may be provided if requested. Please observe physical distancing on arrival.
- Management/ staff may refuse service if there is any uncertainty of health status.
- A bottle of hand sanitizer will be available at the point of entry.
- Parents are asked to remain mindful of physical distancing requirements for the duration of the session. For younger children, maintaining physical distance is less practical and Provincial Health Office Guidelines focus on minimizing physical contact instead. With this in mind, we will keep the outdoor play environment as natural as possible while minimizing use of equipment.
- Our indoor bathroom will be accessible – one family at a time, staff monitored.
- Snacks will not be provided by ESFP. Please keep this in mind and bring your own snacks and/or water bottle as required.

# Eastside Family Place Registered Play Time PARTICIPANT HEALTH CHECK



## Health Guidelines

ESFP has developed policies/protocols that are in line with both Provincial guidelines and in compliance with Vancouver Coastal Health.

**For the health and safety of all, you should not participate in this program if you, your child, or any member of your household is showing the following symptoms:**

|              |                        |                    |
|--------------|------------------------|--------------------|
| Fever        | Stuffy or runny nose   | Fatigue            |
| Chills       | Loss of sense of smell | Loss of Appetite   |
| Cough        | Headache               | Sore throat        |
| Muscle aches | Shortness of breath    | Painful swallowing |

We also ask that you do not participate if you, your child, or any member of your household has travelled out of the country in the last 14 days or have been directed by Public Health to self-isolate.

**By registering and participating in our Registered Play Time program, you are accepting ESFP's terms and conditions. This verbal confirmation of health is required for participation. Please note that management/staff may refuse service if there is any uncertainty of health status.**

Sincerely

Eastside Family Place Management  
If you have any questions,  
Please call ESFP at 604-255-9841