

# MAY

2022

## Activities:

### Week 1

Expressing mimicking games: have them recognize and learn to understand different emotions.

### Week 2

Daily check-ins: start your day off by asking them how they are feeling. They can express through their face, point at different emojis or pictures.

### Week 3

Garden together! It teaches the act of being caring and nurturing.

### Week 4

Offer a variety of ways to express themselves and find what they enjoy through sports, art, music, gardening, cooking, and more!

### Week 5

Introduce a talking object in group settings to encourage children to listen and pay attention.

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Eid al-Fitr	4	5 Cinco de Mayo	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Victoria Day	31				

Take some time out to take care of loved ones, especially the cherished elders in our family.

Encourage children to recognize and be thankful for our diverse community.

"Through others we become ourselves"  
- Vygotsky